

**2013 CIF SDS Track & Field Finals Schedule  
Mt. Carmel High School Saturday, May 25, 2013**

**Running Events**

**Field Events**

Time	Division	Event	Time	Division	Event
12:30	A	Girl's 400 Relay	10:00	A/B	Girl's Discus
12:35	B	Girl's 400 Relay	10:00	A	Girl's Long Jump
12:44	A	Boy's 400 Relay	10:10	B	Girl's Long Jump
12:49	B	Boy's 400 Relay			
12:58	A	Girl's 1600m	10:30	A	Boy's Pole Vault
1:07	B	Girl's 1600m	10:40	B	Boy's Pole Vault
1:17	A	Boy's 1600m			
1:25	B	Boy's 1600m	11:00	A	Girl's High Jump
1:37	A	Girl's 110 HH	11:10	B	Girl's High Jump
1:41	B	Girl's 110 HH			
1:49	A	Boy's 100 IH	11:30	A	Boy's Long Jump
1:53	B	Boy's 100 IH	11:40	B	Boy's Long Jump
2:01	A	Girl's 400m			
2:05	B	Girl's 400m	12:30	A/B	Boy's Discus
2:13	A	Boy's 400m			
2:17	B	Boy's 400m	1:00	A	Girl's Pole Vault
2:25	A	Girl's 100m	1:10	B	Girl's Pole Vault
2:29	B	Girl's 100m			
2:37	A	Boy's 100m	1:15	A	Girl's Triple Jump
2:41	B	Boy's 100m	1:25	B	Girl's Triple Jump
2:49	A	Girl's 800m			
2:54	B	Girl's 800m	1:30	A	Boy's High Jump
3:02	A	Boy's 800m	1:35	B	Boy's High Jump
3:07	B	Boy's 800m			
3:15	A	Girl's 300 IH	2:00	A	Girl's Shot Put
3:19	B	Girl's 300 IH	2:10	B	Girl's Shot Put
3:27	A	Boy's 300 LH			
3:31	B	Boy's 300 LH	2:45	A	Boy's Triple Jump
3:39	A	Girl's 200m	2:55	B	Boy's Triple Jump
3:43	B	Girl's 200m			
3:51	A	Boy's 200m	3:15	A	Boy's Shot Put
3:55	B	Boy's 200m	3:25	B	Boy's Shot Put
4:03	A/B	Girl's 3200m			
4:21	A/B	Boy's 3200m			
4:39	A	Girl's 1600 Relay			
4:47	B	Girl's 1600 Relay			
4:57	A	Boy's 1600 Relay			
5:05	B	Boy's 1600 Relay			

**Note: Team points will be awarded to 8 places: 10-8-6-5-4-3-2-1  
Medals will be given to 6 places**