

Escondido Invitational 2005

Dear Coach:

I want to start by wishing you a Happy New Year. This New Year also brings new beginnings, and the long run Orange Glen Invitational is now The **ESCONDIDO INVITATIONAL**. The meet will have the same format, remain at the same facility, and have the same Meet Director, simply a different name. I hope you are interested in bringing your boys team and will fill out and return the enclosed entry sheet by **Friday, March 4, 2005**.

When: Friday, April 29, 2005

Time: 4:00 PM – 9:30 PM

Site: Escondido High School

Facility: 9 lane all weather track and runways
Concrete shot and disc rings

Timing: Finish Lynx automatic timing system

Entries: Each team may enter 1 athlete in all lane races and relays and 2 athletes in all other events, EXCEPT THE POLE VAULT WHICH IS INVITATIONAL ONLY. If your athlete makes an invitational event, you may enter another athlete of your choice in the divisional event. We will also try to fill all lanes so bring extra athletes.

Medals: Custom medals to the top 4 in all open lane races and relays. Medals to the top 6 in the open 800, 1600, long, triple, high, shot, and disc. Medals to top 10 in the open 3200 and pole vault. Custom medals to the top 5 in all invitational events. Athlete of the meet awards to top track and field athletes.

Events: All CIF events plus the crowd-pleasing weight mens relay

400 relay	100m	3200m	high jump
1600m	800m	1600 relay	pole vault
110HH	300IH	long jump	discus
400m	200m	triple jump	shot put

Cost: \$125 per team (entry fees due by March 25, 2005)

Please feel free to call me with any questions at home (760) 744-3999 or school (760) 291-4000 ext. 4939. I will send out invitational entry forms the last week in March to all interested schools.

Sincerely,

Randy Boozer
Head Track Coach / Meet Manager

ESCINDIDO INVITATIONAL TRACK TIME SCHEDULE

RACE	EVENT	DIV.	TIME	RACE	EVENT	DIV.	TIME
1	4X100	1	5:00	36	200M	1	7:56
2	4X100	2	5:05	37	200M	2	7:59
3	4X100	3	5:10	38	200M	3	8:02
4	4X100	4	5:15	39	200M	4	8:05
5	4X100	INVITE	5:20	40	200M	INVITE	8:08
6	1600M	1	5:25	41	3200M	1&2	8:14
7	1600M	2	5:34	42	3200M	3&4	8:30
8	1600M	3	5:43	43	3200M	INVITE	8:46
9	1600M	4	5:52	44	4X400	1	9:02
10	1600M	INVITE	6:01	45	4X400	2	9:08
11	110HH	1	6:10	46	4X400	3	9:14
12	110HH	2	6:13	47	4X400	4	9:20
13	110HH	3	6:16	48	4X400	INVITE	9:26
14	110HH	4	6:19				
15	110HH	INVITE	6:22				
16	400M	1	6:28				
17	400M	2	6:32				
18	400M	3	6:36				
19	400M	4	6:40	49	WT. MANS		9:32
20	400M	INVITE	6:44	50	WT. MANS		9:35
21	100M	1	6:50				
22	100M	2	6:53				
23	100M	3	6:56				
24	100M	4	6:59				
25	100M	INVITE	7:02				
26	800M	1	7:08				
27	800M	2	7:13				
28	800M	3	7:18				
29	800M	4	7:23				
30	800M	INVITE	7:28				
31	300IH	1	7:34				
32	300IH	2	7:38				
33	300IH	3	7:42				
34	300IH	4	7:46				
35	300IH	INVITE	7:50				

PRESENTATION OF TROPHIES FOR
THE OUTSTANDING TRACK AND FIELD
ATHLETES OF THE MEET

OPEN DIVISIONS - MEDALS TO 4 IN THE 100,200,400,110HH,300IH,4X100,4X400,WEIGHTMANS
 OPEN DIVISIONS - MEDALS TO 6 IN THE 800 AND 1600
 OPEN DIVISIONS - MEDALS TO 10 IN THE 3200
 INVITATIONAL DIVISION - MEDALS TO 5 IN ALL EVENTS

ESCONDIDO INVITATIONAL FIELD EVENT TIME SCHEDULE

RING	SHOT PUT TIME	DIV.	SOUTH DIV.	DISCUS TIME	NORTH DIV.
1	4:00-4:50	1	3	4:00-5:00	4
1	5:00-5:50	2		5:15-6:15	INVITE
1	6:00-6:50	3	1	6:30-7:30	2
1	7:00-7:50	4			
1	8:00-8:50	INVITE			

LONG JUMP Time	NORTH DIV.	TRIPLE JUMP TIME	SOUTH DIV.
4:00-4:45	1	4:00-4:45	3
4:55-5:40	2	4:55-5:40	4
5:50-6:35	INVITE	6:45-7:30	1
6:45-7:30	3	7:40-8:25	2
7:40-8:25	4	8:35-9:20	INVITE

WEST DIV.	HIGH JUMP TIME	EAST DIV.	POLE VAULT TIME	RED INVITE
INVITE	4:00-5:15		5:00	
4	5:30-6:45	2		
3	7:00-8:15	1		

MEDALS TO 5 IN ALL INVITATIONAL EVENTS

MEDALS TO 6 IN ALL OPEN FIELD EVENTS

SHOT PUT/DISCUS/LONG JUMP/TRIPLE JUMP

1. 3 ATTEMPTS IN OPEN DIVISIONS
2. 3 ATTEMPTS + 3 ADDITIONAL FOR TOP 6 IN INVITATIONAL DIVISION
3. COMPETITION WILL BE CONDUCTED IN FLEIGHTS OF 5-6

HIGH JUMP

1. STARTING HEIGHT 5'0" FOR OPEN DIVISIONS/5'6" FOR INVITATIONAL DIVISION
2. COMPETITION WILL BE CONDUCTED 5 ALIVE

POLE VAULT

1. COMPETITION WILL BE CONDUCTED 5 ALIVE

Escondido Invitational 2005

We the undersigned, hereby agree to uphold our commitment to pay entry fees and field a team for the 2005 Escondido Invitational to be held on Friday, April 29, 2005 at Escondido High School.

We fully understand that our signatures here affixed, guarantee our intent to participate in the aforementioned Track and Field Meet and fulfill our financial obligation of \$125.00 per team

____ Yes, we plan to attend

____ No, we can't make it

School

School Phone

Coach

Home Phone

Coach's Signature

Date

AD's Signature

Date

Note: Entry contract is due by Friday, March 4, 2005

Randy Boozer
Head Track Coach
Escondido High School
1535 North Broadway
Escondido, CA 92026