

BRONCO INVITATIONAL GIRLS ALL-TIME LIST

100 Meters

1. Monique Henderson	Morse	2001	11.93
2. Lana Garner	Morse	1996	12.14c
3. Vanessa Houston	Hoover	2009	12.17
4. Jonelle Smiley	Serra	2004	12.28
5. Natassaja Hall	RBV	2001	12.34
April Freow	Morse	1997	12.34c
7. DeCola Groce	Morse	1999	12.42
8. Kim Sherrrod	Murrieta Valley	2005	12.44
9. Casey Loveland	Granite Hills	1995	12.44c
10. Jessica Thomas	El Camino	2002	12.45

400 Meters

1. Monique Henderson	Morse	2001	54.83
2. Vanessa Houston	Hoover	2008	57.11
3. Alycia Herring	Rancho Verde	2008	57.21
4. Tenille Stoudenmire	Rancho Bernardo	2008	57.34
5. Natassaja Hall	RBV	2000	58.34
6. Jasmine Chukwueke	Scripps Ranch	2006	58.42
7. Megan Williams	Poway	2005	58.54
8. Stephanie Blake	Francis Parker	2001	58.67
9. Shakara Lott	University City	2003	58.90
10. Lakenya West-Simon	Grossmont	2005	59.02

800 Meters

1. Whitney Schumucker	La Jolla	2002	2:12.45
2. Monique Henderson	Morse	2000	2:16.51
3. Jenna Timinsky	San Dieguito	2001	2:17.18
4. Courtney Allen	RBV	2002	2:17.72
5. Julie Komosinski	Torrey Pines	2000	2:18.32
6. Erin Gillingham	Torrey Pines	2007	2:18.92
7. Dani Schuster	Torrey Pines	2003	2:19.13
8. Katy Andrews	La Costa Canyon	2006	2:19.69
9. Desiree Davila	Hilltop	2001	2:20.28
10. Amonica Phipps	Morse	2000	2:21.40

1600 Meters

1. Claire Rethmeier	San Pasqual	2004	4:58.12
2. Julie Ott	University	1997	5:04.64c
3. Angela Peterson	Torrey Pines	2000	5:04.89
4. Jayme Harper	Santana	1997	5:05.64c
5. Julie Manson	Rancho Bernardo	2000	5:06.11
6. Erin Gillingham	Torrey Pines	2006	5:07.19
7. Breanna Hibbs	Poway	1997	5:07.84c
8. Tricia Mattson	Fallbrook	1997	5:08.04c
9. Molly Grabill	Rancho Bernardo	2008	5:08.97
10. Missy Barclay	Westview	2006	5:09.07

3200 Meters

1. Claire Rethmeier	San Pasqual	2003	10:46.54c
2. Courtney Baird	Helix	1999	10:51.89
3. Rebecca Bostwick	University City	2003	10:58.04c
4. Allison Hall	Rancho Bernardo	2002	11:12.80
5. Kelly Thompson	Vista	2009	11:14.41
6. Lizzy Coe	Fountain Valley	2008	11:16.04c
7. Nicole Giove	Fountain Valley	2008	11:21.04c
8. Caroline Draper	Rancho Bernardo	2009	11:21.34
9. Emily Birch	Escondido	2009	11:21.84
10. Shanna St. Laurent	RBV	2008	11:22.04c

100 Meter Hurdles

1. Danielle Littleton	Vista	2009	14.82
2. Laiah Blue	Granite Hills	2004	15.06
3. Kori Joiner	Rancho Bernardo	1994	15.44c
4. Meggie Afenir	Escondido	2003	15.49
5. Lauren Collins	Santa Margarita	2006	15.54c
6. Tia Knight	Steele Canyon	2009	15.56
7. Madeline Wahl	Rancho Bernardo	2009	15.69
8. Catie Coin	Rancho Bernardo	2000	15.71
9. Alishia Carter	Rancho Bernardo	1998	15.88
10. Sabrina Nealy	Rancho Bernardo	2007	15.94c
Misha Zeineddine	Rancho Bernardo	2006	15.94c
Breanna White	Rancho Bernardo	2005	15.94c

300 Meter Low Hurdles

1. Laiah Blue	Granite Hills	2004	45.70
2. Audrey Pound	Poway	2000	45.72
3. Mallory Mainquist	Torrey Pines	2006	45.81
4. Keisha Porter	Mira Mesa	1994	45.94c
5. Breanna Barmer	Helix	2001	46.06
6. Nicole Yergler	Santa Margarita	2005	46.16
7. Carrie Vickery	El Capitan	1994	46.54c
8. Emilie Winchel	Santa Margarita	2006	46.60
9. Carli Lloyd	Fallbrook	2005	47.35
10. Jamie Grubbs	Escondido	2003	47.38

4x100 Meter Relay

1. Rancho Verde	2008	48.91
2. Morse	2001	48.94
3. Morse	1996	49.44c
4. Poway	2008	49.62
5. Morse	1995	49.64c
6. El Camino	1997	49.78
7. Poway	2006	49.85
8. Helix	2002	49.87
9. Rancho Bernardo	2006	49.95
10. Rancho Bernardo	2007	49.96
Morse	2009	49.96

4x400 Meter Relay

1. Morse	1996	4:01.24c
2. Torrey Pines	1997	4:06.22
3. El Capitan	1994	4:06.44c
4. Rancho Verde	2008	4:06.77
5. RBV	2001	4:07.24c
6. RBV	1995	4:07.64c
7. Morse	2000	4:07.74c
8. Rancho Bernardo	2000	4:07.74c
9. Rancho Bernardo	2001	4:07.74c
10. Granite Hills	1995	4:07.94c
Scripps Ranch	2008	4:07.94

Long Jump

1. Alycia Herring	Rancho Verde	2008	19' 5"
2. Brittany Bozeman	Rancho Verde	2008	18' 8½"
3. Shannon Meyer	Sultana	2002	17' 11¼"
4. Joy Gertsch	San Pasqual	1997	17' 6½"
5. Natassja Hall	RBV	2001	17' 5¾"
Jessica Thomas	El Camino	2002	17' 5¾"
7. Markita Berry	El Camino	2005	17' 5"
8. Adrienne Farington	Rancho Bernardo	1999	17' 4"
9. Tayler Williams	Escondido	2008	17' 3¼"
10. Sherie Key	Morse	2009	17' 1"

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Triple Jump

1. Nina Ropes	Fallbrook	2000	37' 1"
2. Sherie Key	Morse	2009	36' 11"
3. Adrienne Farrington	Rancho Bernardo	1999	36' 10"
4. Kasey Kearin	Rancho Bernardo	2004	36' 9"
Tayler Williams	Escondido	2008	36' 9"
6. Jenny Fairchild	Vista	2000	36' 8"
7. Tamara Espinoza	Hilltop	1997	36' 7"
8. Thoraya Maroney	Helix	2008	36' 1¼"
9. Megan Bornes	RBV	2001	36' 0"
10. Kelli Boyd	Martin Luther King	2009	35' 11½"

Discus

1. Jessica Bonner	Chapparral	2007	142' 6"
2. Brandy Dyer	Vista	2007	141' 5"
3. Jessica Byrne	Ramona	1998	136' 0"
4. Danielle Thu	Monte Vista	2005	132' 5"
5. Kendra Rhea	El Capitan	1999	132' 3"
6. Breanna Makihele	San Marcos	2002	131' 9"
7. Valerie Logel	El Capitan	2007	125' 9"
8. Christina Magana	Fallbrook	1996	125' 7"
9. Alishia Misaiata	Mira Mesa	2006	124' 8"
10. Mikaelyn Austin	Rancho Bernardo	1999	123' 3"

Pole Vault

1. Emily Mattoon	Rancho Bernardo	2008	12' 7"
2. Kathleen Donoghue	Rancho Bernardo	1999	12' 4"
3. Natalie Dennison	Rancho Bernardo	1999	12' 0"
Kate Mattoon	Rancho Bernardo	2005	12' 0"
5. Janea Russ	Granite Hills	2002	11' 9"
6. Kortney Ross	Westview	2009	11' 7"
7. Molly Pascarella	Rancho Bernardo	2001	11' 6"
8. Kortney Ross	Westview	2008	11' 1"
9. Tracy O'Hara	Rancho Bernardo	1998	11' 0"
Sally Liu	Rancho Bernardo	2005	11' 0"

Shot Put

1. Brandy Dyer	Vista	2008	40' 4¾"
2. Emily Aragon	Escondido	2009	40' ½"
3. Carrie Johnson	Fallbrook	2002	39' 9"
4. Jessica Bonner	Chapparral	2007	39' 8"
5. Emily Aragon	Escondido	2008	39' 5 ¾"
6. Fran Hunkin	Vista	2004	39' 4"
7. Uia Tupuola	Vista	2004	39' 1½"
8. Jennifer Bingham	Steele Canyon	2009	39' 1"
9. Jessica Sanders	Orange Glen	1998	38' 9¼"
10. Margaret Veligitone	Fallbrook	1994	38' 8"

High Jump

1. Lisa Underhill	RBV	1997	5' 6"
Lauren Collins	Santa Margarita	2005	5' 6"
Lindsey Whetsine	Mt. Carmel	2002	5' 6"
Jamie Klaggs	Coronado	2005	5' 6"
5. Lauren Jones	Torrey Pines	2000	5' 4"
Danielle Edmonton	West Hills	2004	5' 4"
Kelsey Rubeor	Murrieta Valley	2006	5' 4"
Sarah Player	Coronado	2007	5' 4"
Sara Macey	Vista	2008	5' 4"
Allison Tedrow	St. Joseph's	2009	5' 4"



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100 Meters

1. Craig Sheppard	San Pasqual	2003	10.79
2. Reggie Bush	Helix	2002	10.86
3. Bryce Yeaton	Ramona	2001	10.90
Michael Matison	Mt. Carmel	2001	10.90
5. Bassim El-Sabawi	Torrey Pines	2009	10.91
6. Ryan Maxwell	Santa Margarita	2005	10.92
Maurice Strickland	Mira Mesa	2009	10.93
8. Stan Griffen	Mt. Carmel	2005	10.95
Mike Roberts	Patrick Henry	2000	10.95
10. Chauncey Smith	University City	2001	10.99

800 Meters

1. Nick Thornton	RBV	2000	1:55.84
2. Ben Aragon	West Hills	2000	1:56.18
3. Aaron Powell	Poway	2000	1:56.90
4. Ruben Danielson	Rancho Verde	2008	1:56.99
5. Ryan Martin	Santa Margarita	2007	1:57.47
6. Mike Ostler	El Camino	2002	1:57.96
7. Artemio Mateo	RBV	2002	1:58.10
8. Jesse O'Brien	San Pasqual	2006	1:58.60
Alejandro Vargas	Vista	2006	1:58.60
10. James Patterson	Torrey Pines	2009	1:58.83

3200 Meters

1. Mike Baskin	Mt. Carmel	1998	9:21.14c
2. Brian Sullivan	St. Augustine	1998	9:21.34c
3. Matt McInvale	Ramona	1999	9:21.45
4. Brad Liber	University City	2003	9:22.57
5. Taylor Williams	Helix	2001	9:30.04c
6. Ahmed Osman	San Diego	2006	9:31.05
7. Adadir Barre	Mt. Carmel	2002	9:32.34c
8. Ryan Urie	Patrick Henry	2009	9:32.58
9. Kyle Bruser	Patrick Henry	2005	9:33.29
10. Kyle Suarez	St. Augustine	2000	9:34.69

300 Meter Intermediate Hurdles

1. Reggie DePass	Montgomery	1997	37.44c
2. Jeff Hunter	Granite Hills	2001	37.63
3. Tracy Smith	RBV	1997	37.84c
4. Tony Goldston	Point Loma	2000	38.02
5. Brian Fell	Rancho Bernardo	1995	38.74c
6. Bobby Salimi	Rancho Bernardo	2000	39.09
7. Robert Archibald	Monte Vista	2006	39.33
Nathan Enriquez	St. Augustine	2002	39.33
9. Bobby Workman	Mira Mesa	2007	39.66
10. David Klarer	Steele Canyon	2009	39.87

4 x 400 Meter Relay

1.	Morse	1996	3:19.44c(3:19.3h)
2.	West Hills	2000	3:22.84c(3:22.7h)
3.	Rancho Verde	2008	3:24.57
4.	University City	1998	3:24.77
5.	San Diego	1994	3:25.24c(3:25.1h)
6.	Rancho Bernardo	1995	3:26.24c(3:26.1h)
7.	Helix	2002	3:26.74c(3:26.6h)
8.	Rancho Bernardo	2000	3:26.94c(3:26.8h)
9.	RBV	2000	3:27.34c(3:27.2h)
	Serra	2000	3:27.34c(3:27.2h)

400 Meters

1. Deun White	Rancho Bernardo	2002	48.09
2. Daniel Thomas	Cathedral Catholic	2007	48.94c
3. Tony Hodges	Vista	2007	49.34c
4. D.J. Contreras	Valley Center	2001	49.50
5. Joe Cooks	Mission Hills	2008	49.64
6. Ryan Morgan	Ramona	2009	49.80
7. DeSean Cunningham	UC	2002	49.84
8. Ben Maypole	Granite Hills	2006	49.87
9. Elliott Sanders	Hoover	2009	49.91
10. Hunter Riddick	Morse	2001	50.06

1600 Meters

1. Mark Hauser	St. Augustine	1994	4:11.34c
2. Meb Keflezighi	San Diego	1994	4:12.14c
3. Evan Fox	West Hills	2000	4:14.02
4. Troy Swier	Mar Vista	2003	4:18.73
5. Jon Rankin	Monte Vista	2000	4:18.93
6. Sean Ricketts	Rancho Bernardo	2000	4:19.50
7. Devin Lyons-Quirk	Poway	2001	4:20.44c
8. Justin Neuroth	Vista	2000	4:20.49
9. Larry Henderson	Mira Mesa	1995	4:20.54c
10. Galen Reed	Ramona	1995	4:20.64c

110 Meter High Hurdles

1. Jeff Hunter	Granite Hills	2001	14.20
2. Reggie DePass	Montgomery	1997	14.34
3. Tony Goldston	Point Loma	2000	14.41
4. Kurt Hurley	Carlsbad	2003	14.68
5. Mike Powers	Chaparral	2007	14.70
6. Bobby Salami	Rancho Bernardo	2000	14.78
Chris Reina	Orange Glen	2003	14.78
8. Jake Symons	Clairemont	2003	14.85
9. Jazz Trice	Chaparral	2005	14.87
10. Devin Hickey	Vista	2009	14.88

4 x 100 Meter Relay

1.	Morse	1996	42.04c(41.9h)
2.	Morse	1997	42.44
3.	Lincoln	2001	42.69
4.	Helix	2002	42.80
5.	San Diego	1994	42.84c(42.7h)
6.	Mt. Carmel	2001	42.98
7.	Morse	1998	42.99
8.	Steele canyon	2009	43.10
9.	St. Augustine	2006	43.03
10.	Morse	2001	43.24c(43.1h)

Long Jump

1. Gary Lee	Hoover	2007	23' 3½"
2. Thomas Mootry	Morse	2001	22' 11"
3. Darrell Hutsona	Helix	2002	22' 10"
4. Charles James	Morse	1996	22' 9"
5. Kyle Brown	Coronado	2007	22' 7"
6. Dean McCastle	Vista	2006	22' 6"
7. James Malone	Patrick Henry	2005	22' 5¾"
8. Anthony Sanford	Lincoln	1996	22' 4½"
Demetrius Westbrook	Morse	2002	22' 4½"
10. Vinnie Weathers	Serra	2002	22' 4"

BRONCO INVITATIONAL BOYS ALL TIME LIST

Triple Jump

1. Draper Rivers	Morse	1997	47' 4½"
2. Tony Ortiz	Helix	1999	46' 7"
3. Gary Lee	Hoover	2006	46' 3"
4. Joey Hauser	Vista	2002	46' 1½"
5. Ben Brown	Torrey Pines	2006	45' 8"
6. Franklin Gladney	El Camino	2005	45' 7¾"
7. Kyle Brown	Coronado	2007	45' 5"
8. Roderick Williams	Sweetwater	2002	45' 2 ¾"
9. Justin Carter	Rancho Bernardo	2005	45' 2 ½"
10. Kevin Jenkins	Granite Hills	2007	45' 2¼"

Discus

1. Bo Taylor	Newport Harbor	2006	185' 3"
2. Mike Tull	Fallbrook	2006	172' 0"
3. David Spates	Monte Vista	2008	171' 3"
4. Vili Makihele	San Marcos	1998	166' 9"
5. Bryan Jemison	Carlsbad	2007	165' 7"
6. Travis Jones	Mira Mesa	1999	164' 0"
7. Mark Miller	Escondido	2004	163' 6"
8. Chris Boniwell	Rancho Bernardo	2007	162' 8"
9. Dane Chobanian	Scripps Ranch	2008	162' 3"
10. George Liebe	Granite Hills	1995	161' 5"

High Jump

1. Nate Gwozdz	La Jolla	2003	6' 8"
2. Jason Gatewood	RBV	1998	6' 7"
3. Ryan Mitchell	Sweetwater	1995	6' 6"
Lance Gonzales	Murrieta Valley	2005	6' 6"
Desi Buró	Serra	2003	6' 6"
Bob Okenwa	Morse	2001	6' 6"
Mike Albrecht	Martin Luther King	2009	6' 6"
8. Raúl Hazarika	Rancho Bernardo	1997	6' 5¼"
9. Ryan Vincent	Torrey Pines	1998	6' 5"
Eric Williams	Rancho Bernardo	2000	6' 5"

Shot Put

1. Vili Makihele	San Marcos	1998	60' 1"
2. Danny Ames	El Capitan	1998	57' 5"
3. David Spates	Monte Vista	2008	57' 2"
4. Robert Schenck	Mission Hills	2006	56' 10"
5. Bernard Grady	Scripps Ranch	1999	56' 8½"
Bo Taylor	Newport Harbor	2006	56' 8½"
7. Vince Clarke	Granite Hills	2001	54' 2"
8. Wayne Hassey	El Capitan	1999	54' ½"
9. Jared Bray	Mission Bay	2003	54' 0"
10. Jay Malloy	Vista	2005	53' 7¾"

Pole Vault

1. Scott Finley	Granite Hills	2005	16' 0"
2. Paul Coover	La Jolla	2005	15' 6"
3. Matt Steverson	Rancho Bernardo	2004	15' 1"
Griffin Simmons	Vista	2007	15' 1"
5. Travis Offner	Mt. Carmel	2000	15' 0"
Sean Daley	Vista	1999	15' 0"
7. Cory Phallen	Rancho Bernardo	2006	14' 7"
Drew Mann	Scripps Ranch	2006	14' 7"
Nate Will	Rancho Bernardo	2007	14' 7"
10. Derek Scott	El Camino	2005	14' 6"
Miles McDowell	Murrieta Valley	2005	14' 6"

